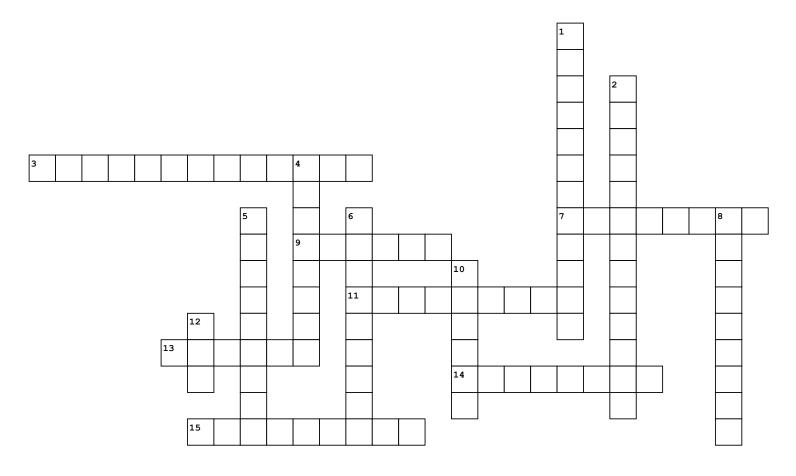
## The science of sleep



## Across

- **3.** Relating to the way in which a living organism's parts function.
- 7. A thick woven fabric, often with pictures or designs, used for wall hangings or soft furnishings.
- **9.** A magical or medicinal potion.
- **11.** Concerned with the act or process of knowing and perception.
- **13.** Related to nerves or the nervous system.
- **14.** An almond-shaped part of the brain involved in the processing of emotions.
- **15.** A hormone that regulates sleep-wake cycles.

## Down

- **1.** Changes or variations in circumstances or fortune, often unwelcome or unpleasant.
- **2.** Absolutely necessary or essential.
- **4.** Pertaining to the brain; intellectual.
- **5.** Done or active during the night.
- **6.** Relating to the roughly 24-hour cycle in the physiological processes of living beings.
- **8.** To renovate or redecorate.
- **10.** Relating to the pineal gland, a small endocrine gland in the vertebrate brain.
- **12.** Rapid Eye Movement; a phase of sleep marked by vivid dreams and active brain activity.